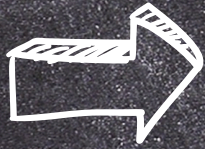
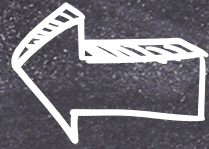




# FRESH FOODS 4 U



## Product list



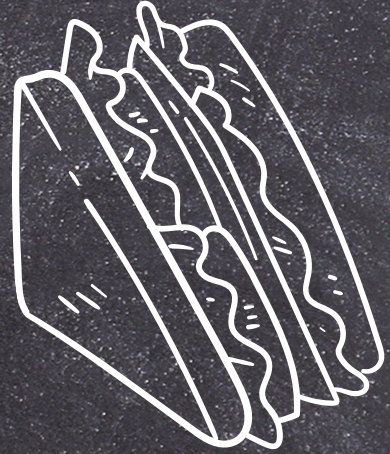
### Sandwiches

#### LARGE SANDWICH

- CHICKEN SALAD
- CHICKEN SPRING ONION
- CHICKEN BACON
- LEMON CHICKEN
- CHICKEN TIKKA
- CHICKEN CLUB
- CHICKEN STUFFING
- ALL DAY BREAKFAST
- FULL BREAKFAST
- HAM & BOILED EGG
- TUNA ONION
- TUNA CUCUMBER
- HAM CHEESE PICKLE
- BLT
- BEEF CHEESE PICKLE
- RUSTIC HAM
- CHEESE PLOUGHMAN'S
- TWO CHEESE MIX

#### SMALL SANDWICH

- CHEESE SALAD
- CHEESE RED ONION
- CHEESE PICKLE
- CHEESE SPRING ONION
- HAM SALAD
- CHEESE HAM
- EGG CRESS
- EGG SAUSAGE
- EGG BACON
- CHICKEN MAYO
- CHICKEN SALAD
- CHICKEN CORONATION
- CHICKEN TIKKA



### Wraps, Rolls & Tiger stick

#### WRAPS

- CHICKEN CAESAR
- CHICKEN SWEET CHILI
- CHICKEN CAJUN
- CHICKEN PERI PERI
- CHICKEN BBQ
- CHICKEN FIRECRACKER
- CHICKEN SPRING ONION
- CHICKEN TIKKA
- FALAFEL WRAP

#### ROLLS

- CHEESE SALAD
- CHICKEN TIKKA
- CHICKEN CUCUMBER
- EGG BACON
- TUNA SWEETCORN
- CHEESE SPRING ONION
- HAM SALAD
- CHEESE RED ONION
- CHICKEN SWEETCORN
- EGG CRESS
- CHICKEN BACON
- CHEESE HAM
- CHEESE PICKLE
- EGG SAUSAGE

#### TIGER STICK

- CHICKEN TIKKA
- CHICKEN CUCUMBER
- CHEESE SALAD
- HAM CHEESE
- CHEESE RED ONION
- BEEF CHEESE PICKLE
- CHICKEN SWEETCORN
- FULL BREAKFAST
- PERI PERI CHICKEN
- HAM SALAD
- CHICKEN BACON
- CHEESE PICKLE & LETTUCE
- FALAFEL WITH SWEET CHILLI



### Pasta, salad & Demi baguette

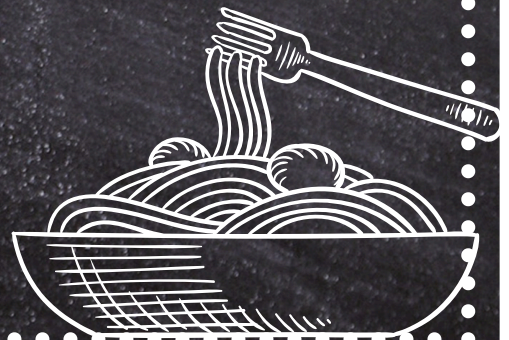
#### PASTA

- CHICKEN BACON PASTA
- CHICKEN TIKKA
- SALAD
- CHICKEN SALAD
- EGG SALAD

#### DEMI BAGUETTES

- CHICKEN CLUB
- CHICKEN TIKKA
- CHICKEN SALAD
- CHEESE PLOUGHMAN'S
- HAM SALAD
- HAM CHEESE

freshfoods4u.uk@gmail.com



C  
C  
C  
L  
C  
C  
C  
A  
F  
H  
T  
T  
C  
B  
B  
R